



# Community Board High Wycombe

Action Group: Health & Wellbeing

Meeting date: 12 August 2021

## ACTION NOTES

**Present:** Julia Wassell, Karen Bates, Fay Ewing, David Jones, Arif Hussain, Damon Venning, Arman Alam, Paul Turner, Melanie Smith, Emily Davis, Monica Bergh, Jacqueline Roberts, Amber Preen, Rebecca Nutley

**Apologies:**

No	Topic	Lead
1	<b>Funding applications discussed at Mental Health and Community and Community Cohesion sub-groups which have been agreed to date – See attached Priorities meeting notes</b>	Fay Ewing
2	<b>Outstanding priorities from Mental Health and Community and Community Cohesion sub-groups</b>  <i>Timetable for action</i> - It was decided at the last meeting that there would be high profile, action-based health & wellbeing work by this action group led up by Arif and backed up by Julia with local activists and Buckinghamshire Councillors.  The first event will be World Suicide Awareness Day on Friday 10 <sup>th</sup> September in conjunction with BNU and will be on the High Street as BNU not properly opened up by that point. Event is from 10am – 1pm and will be backed up by the Samaritans. Arif and Karen volunteered to go along to support the event.	Julia Wassell

*South Bucks Hospice Butterfly House Hospice* – planning launch to raise awareness that their support is not just end of life care but starts from the day of diagnosis. Julia to link David Haggard at South Bucks Hospice with Fay.

*Young Minds Mental Health Day*, Friday 9 October. Working with Bucks University, CAMS and YES. This event will be held on the forecourt of the University. Volunteers to help on the day will be welcome. Contact Julia [Julia.Wassell@buckinghamshire.gov.uk](mailto:Julia.Wassell@buckinghamshire.gov.uk) or Fay [HWCB@buckinghamshire.gov.uk](mailto:HWCB@buckinghamshire.gov.uk)

*World Mental Health Day*, Saturday 10<sup>th</sup> October. Again, this event will be in the High Street. Volunteers to help on the day will be welcome. Contact Julia [Julia.Wassell@buckinghamshire.gov.uk](mailto:Julia.Wassell@buckinghamshire.gov.uk) or Fay [HWCB@buckinghamshire.gov.uk](mailto:HWCB@buckinghamshire.gov.uk)

*Macmillan World's Biggest Coffee Morning 24<sup>th</sup> September* – Julia has organized coffee morning events with business and charities along Easton Street from 10am – 2pm. Arif /Lesley open event.

**Action: all to organise coffee morning if possible or promote with community groups**

*ESOL Classes:* Annie to report in 3/4 weeks.

*The Art Trail:* Annie to report in 3/4 weeks.

*Feedback from young people about potential priorities* – consulting Benson from the Fitness Garden and Monica Bergh from Family Support Service.

*Black History Month:* Jacque Roberts is going to take this forward in October. SV2G have been confirming a lot of activities for Black History Month. SV2G have been given 2-year funding from People's Health Trust and will update next time.

**Action: Jacque catch up with Fay and provide update at next meeting**

*Festival of Mental Health and Wellbeing:* This will be held during November instead of October due to a key partner raising funds for Haiti. Event is delivered with a coalition of diversity groups. The Town Hall is a possible location for the event. Option to include NHS Health Checks were on the day.

<p>2</p>	<p><b>New Identified Priorities for 2021/22</b></p> <p>The impact of long Covid; how can we support, with the help from NHS and support services, people at home with Covid-19 and those self-isolating. One idea was targeting certain areas of Wycombe with leaflets from the Community Board identifying where people could go to for help. Also, by using social media and local radio stations.</p> <p><b>Action: Fay to speak to Public Health regarding setting up another Covid briefing for early September and information about Long Covid support.</b></p> <p>First aid training; Could this be more readily available. Arif is taking this forward.</p> <p>Terminally ill residents and their carers.</p>	<p>Julia Wassell</p>
<p>3</p>	<p><b>Funding Applications Update</b></p> <p>Fay circulated the funding application from Buckinghamshire Libraries to the rest of the group</p>	<p>Fay Ewing</p>
<p>4</p>	<p><b>Funding Application from Buckinghamshire Libraries</b></p> <p>Please refer to the funding application which was circulated ahead of the meeting for comprehensive information about the funding application.</p> <p>The project is in partnership with Action for Youth. It will be a drop in (essentially a youth club) on the second floor of the library and will be available to any young person and staffed by A4Y between 4-9pm, seven days a week. It will have all the facilities that you would expect from a youth club, but the synergies in terms of the library service are that they already have a strong digital offer, so can promote the digital access that they have in terms of bibliotherapy, reading well, books that help wellbeing and mindfulness and the whole range of collections targeted specifically at young people.</p> <p>Together with A4Y they can create a drop in space and using the existing rooms in the library, can have a whole menu of programs and activities delivered by A4Y and by their partners and other providers in the High Wycombe area.</p> <p>Buckinghamshire Libraries are asking for funding of £20,000 for the project. Total cost is £40,000. £20,000 match funding has been</p>	<p>David Jones/ Emily Davis</p>

	<p>identified already. Potential to expand in the future into other libraries.</p> <p>Questions were asked and discussion took place about the Community Board allocating funding to a Council service. Library Service doesn't have the budget to fund this project. Capital funding would be required and falls below the threshold to be viable and considered by the council for capital scheme funding.</p> <p>The group unanimously supported the application but highlighted that this was a one off and the Community Board would not be setting a precedent by funding another Council project.</p>	
5	<p><b>Any Other Business</b></p> <p>A timetable will be forwarded to the group shortly. Julia encouraged the group to go out and stimulate local organisations to come to the Action Group with what they think their needs are.</p>	
6	<p><b>Date of Next Meeting</b> Thursday 30<sup>th</sup> September – 6.30pm</p>	